



Investing for tomorrow, delivering today.

OSAH Updates

Living History



Health Providers and Educators Adapted

SCHOOLS CLOSED



And Adapted....



And Adapted



Gratitude







What Next

- What's new and worth keeping?
 - Strong interagency partnerships and collaborations
 - Sharing of best practices
 - Alternative methods of providing care, i.e., telehealth and mobile
- What's old that we need to charge full speed ahead with?
 - Comprehensive risk screening – Just Health – *for every student*
 - We have to take the time to ask the hard questions so we know how to help students recover from the pandemic



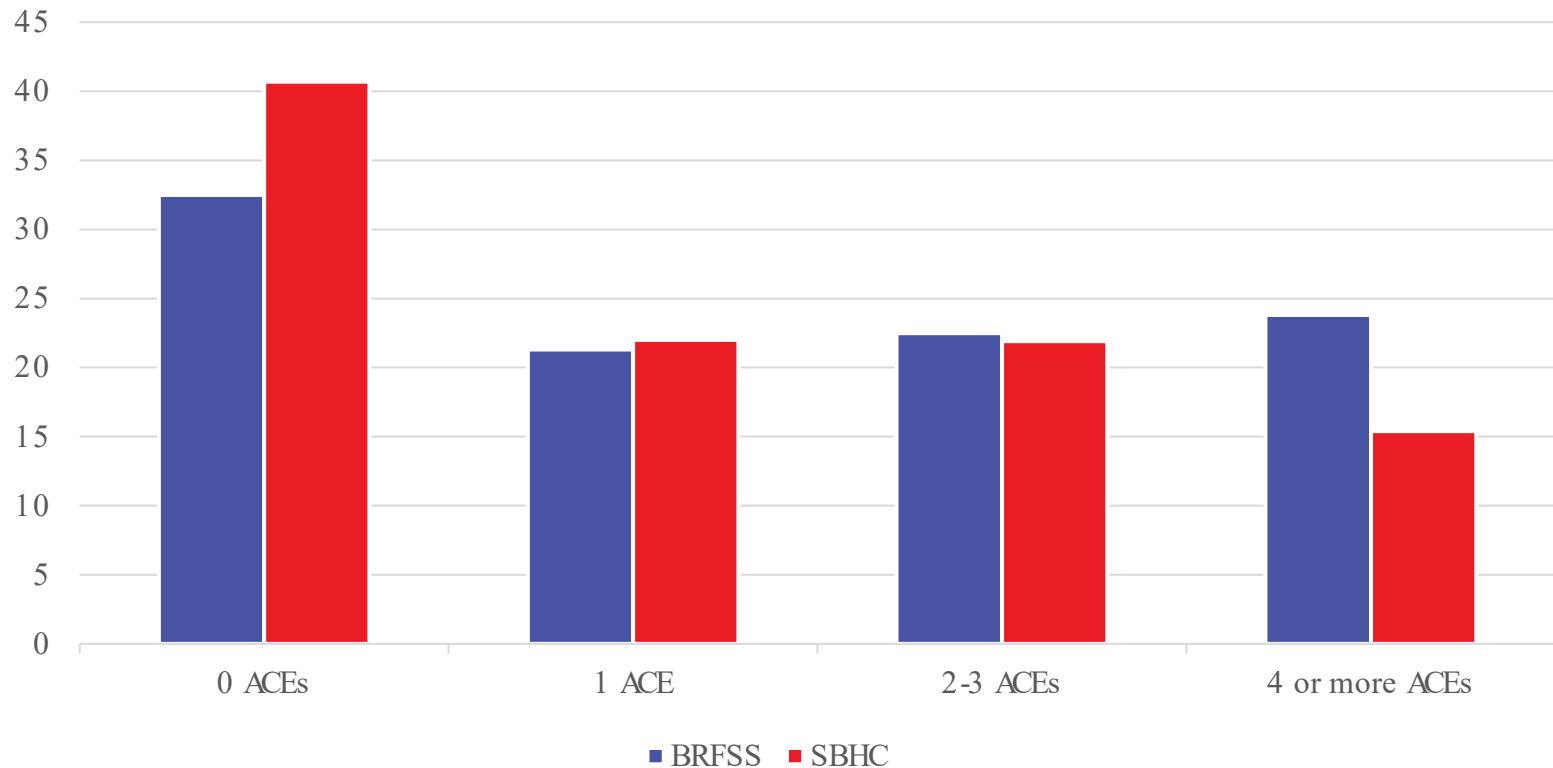
ACEs Identified in Comprehensive Risk Screening

| Number of responses= 4571 | Yes | Percent |
|------------------------------------------------------|------|---------|
| Risk Factors | | |
| Unstable housing | 201 | 4.4 |
| Depression/ Anxiety | 1606 | 35.1 |
| Food Insecurity | 431 | 9.4 |
| Problems at Home | 625 | 13.7 |
| Problems at School | 1113 | 24.3 |
| Have Experienced Physical, Emotional or Sexual Abuse | 757 | 16.6 |
| Feel Afraid, Threatened or Hurt | 372 | 8.1 |
| Carry a Weapon for Protection | 758 | 16.6 |
| Have Spent a Night in Jail or a Detention Center | 149 | 3.3 |
| Have Been in Foster Care, a Group Home or Homeless | 320 | 7 |
| Ever Attempted Suicide | 760 | 16.6 |



ACEs in SBHC vs. BRFSS Report

[NME-20210614-BRFSSResults.pub \(nmhealth.org\)](https://nmhealth.org/NME-20210614-BRFSSResults.pub)





Telehealth Hub and Spoke

- Broadband access and infrastructure are increasingly considered social determinants of health and a health equity issue.
- Can provide services for children from several communities per day.
- Can connect with specialty services mostly available in Albuquerque, Santa Fe or Las Cruces.
- Support school health teams and schools without school nurses.



Mobile Health

- More effective for visits that need to be hands on.
- Can provide services for several communities per week.
- SBHC-linked mobile clinics can provide:
 - Dental check-ups
 - Immunizations
 - Follow-up for chronic conditions
 - Administration of Depo shots
 - Well-visits and sports physicals
 - Behavioral health care



Include More Elementary Schools and Pre-K

- Parents are more engaged.
- Better opportunity to assess the family situation and connect with resources.



Moving Forward

- Increase access to primary care and behavioral health for younger children and in rural and frontier communities.
- Continue to improve reporting of data and the tools used to collect it.
- Walk the talk regarding SBHC impact on academics with new data project with the Public Education Department.

Guidance

- Telehealth start up and guidance document
- Working on updated guidance on starting a SBHC that can be used by schools/ districts or community medical providers interested in starting a SBHC and guide SBHC start-up mini-grants
- Redesigning SBHC certification
 - Working with BH Collaborative, HSD, BHSD and PED
 - Streamline the process for SBHC receiving OSAH funding and those not
 - Looking into rolling funding cycles and multi-service certification process
 - Estimated date of completion is January 2023



Training Resources

- Train Me OSAH
 - [About the NMDOH OSAH – Office of School and Adolescent Health Training Portal \(trainmeosah.com\)](http://trainmeosah.com)
 - In person (currently virtual)
 - QPR Gatekeeper and instructor
 - Youth Mental Health 1st Aid and instructor
 - Teen Mental Health 1st Aid
 - Non-Violent Crisis Intervention
 - Trauma Sensitive Schools
 - On-Demand
 - CALM – Counseling on Access to Suicidal Means
 - CSS-RS – Colombia Suicide Protocol
- SBHC ECHO
 - [ECHO for School Based Health Centers - Home Page \(padlet.com\)](http://padlet.com)