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DOH/OSAH/ INTEGRATING CCHWS INTO SBHC

# Integrating CCHWs into School-Based Health Care

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EXPANDING CCHW KNOWLEDGE

# Financial Disclosure

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No relevant financial relationship(s) or nonfinancial relationship(s)

- I have no relevant financial or nonfinancial relationships in the products or services described, reviewed, evaluated or compared in this presentation.

# Learning Objectives

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1. CHWs improve health status
2. CHWs Scope of Work/ Practice
3. CHWs Roles and Related Tasks
4. CHWs can help clinic sustainability via reimbursement opportunities
5. Establishing a CHW specialty track in SBHCs

# CHWs Help Improve Health Status

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## □ Critical role in:

- Increasing access to care
- Reducing health disparities
- Coordinating comprehensive care
- Promoting healthy lifestyle changes

## □ Research demonstrates:

- Reduce health care costs
- Extend reach and quality of health care
- Improve individual health status
- Reach vulnerable populations

# CHW Scope of Work/ Practice

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## **Health & Social Systems of Care:**

- Linking students/ community members to services, i.e., Health Care, Medicaid, Community-Based resources...
  - Insurances, grants, transportation, etc.
- Foster a culture of health within school communities
- CHWs who serve as culturally competent liaisons between health and social services and the community, supporting education, counseling, navigation, and advocacy.

## ➤ Clinical Support Skills-

- BMI, Glucometer, Blood Pressure, Vitals, Oxygen Saturation.

## ➤ Specialty Areas-

- Oral Health, Maternal & Child Health, Diabetes Prevention & Control, Asthma, Mental/ Behavioral Health, Immunization

# CHW Roles and Related Tasks

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## Community Outreach

- Find and recruit individuals & families
- Promote health literacy
- Perform advocacy activities

## Community & Cultural Liaison

- Translate & Interpret
- Practice cultural sensitivity & cultural competence
- Provide culturally and linguistically- appropriate services

## System Navigation, Care Coordination, & Case Management

- Connect with students and families
- Address basic needs
- Promote understanding of health information
- Navigate health & social service systems
- Provide moral support
- Coordinate referrals, care & follow-up
- Provide feedback to medical providers
- Record and document information
- Promote follow-up/ maintenance of treatment

# CHW Roles and Related Tasks

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## Home Based Support

- Connect with students/patients and families
- Conduct home visits to assess home environment
  - Social determinants of health screenings
- Promote understanding of educational health materials
  - Educate how to properly take medication and utilize medical devices
- Teach families how to self-advocate

## Health Promotion & Health Coaching

- Teach health promotion and prevention
  - Destigmatize health conditions
  - Engage with students/patients at school events
- Coach on problem solving, self-care, & self-management
- Support and model behavior change
- Provide health education
  - Educate students/patients/ families and staff on chronic conditions; general health (e.g., nutrition, vaccines, primary care); community resources; school health policy

# CHW Roles and Related Tasks

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## **Community Assessment & Mobilization**

- Utilize community-based research tools & methods
- Communicate & represent needs of community to providers
- Identify community strengths and needs

## **Clinical Support**

- Conduct health screenings
- Measure and respond to vitals signs
- Promote follow-up/ maintenance of treatment
- Arrange/ provide transportation/ ambulance as appropriate
- Translate and interpret
- Link available health services & low/ no cost support programs
- Document & record information

# Reimbursement Model for NM CHW/CHR

## Certification

- NM Office of CHW DOH Certification
- CHR Certification

## Structure

- CHWs are independent provider types
- May bill as a group or an individual
- CMS 1500 form
- Practice within standing orders

## Scope of Work

- Per OCHW scope of work

## Outcomes

- Reduction in acute care use
- Linkages to care once we have a closed-loop referral
- Improvement in metrics with certain populations  
(DM, CV, asthma control)

Billing Code	Name
98960	Self management education and training 1 person
98961	Self management education and training 2-4 people
98962	Self management education and training 5-8 people

# Other Structure Details

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- \$30 per half hour unit (\$10 per half hour unit for group visits)
- No cap on number of units per member per day
- Cap of 10 units of member-facing work per day (i.e. 5 hours visits within an 8 hour day)
- Cap of hours per member per month
- CHWs must be certified by state of New Mexico to be reimbursable
  - DOH/OCHW Core Competency 100-hour course (*English/Spanish*) is free online
  - \$45.00 certification application fee once course is completed
  - \$44.00 fee for background check
- Forthcoming by Office of Community Health Workers
  - Statewide Training/ Toolkit for guidelines on billing

# References

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[Community Health Workers \(nmhealth.org\)](http://nmhealth.org)

[State Community Health Worker Policies: New Mexico – NASHP](http://www.nashp.org)

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# Questions?

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THANK YOU!

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